



AC Ellis Intimate Session Tips

AC Ellis Intimates are such a wonderful opportunity and I am glad you have decided to do a session. Almost everyone arrives nervous and that's ok. It's normal and we can work through it and bring out your best. You should leave feeling great about yourself and energized.

There are a few things that you can do to better prepare for your session. I've tried to break them down into different parts for you. Just look them over and do what you can.

Trust me the camera will not hurt, just have some confidence in yourself and me. I will use my talents to bring out your best. That confidence will grow as the session progresses, but confidence is the single most influential factor in your session, so above all have confidence in my abilities to not only photograph you, but to connect with you and put you at ease.

I look forward to working with you. These are some of my favorite sessions to do. It is so rewarding to see and hear how the experience is for each subject. Please do not hesitate to call or e-mail if you have any questions.

See you soon.
Cory Ann

General

- When you schedule your session be sure that you are taking into account your menstrual cycle. You do not want to be hurting, blotted, etc during your session.
- Identify your favorite and least favorite things and body parts of yourself. That way I can work to focus or de-emphasize what needs to be. Check with anyone who is also the recipient of the images.
- If your session will be in your home or your location you will need to prepare the environment. We will use all areas and surfaces so be sure to clean up clutter and such. Turn the heat up so that you won't be too cold when you are in less clothing.
- For select sessions refer to your information that you received via e-mail so that you know what you need to bring and what to expect.

Posing

- Posing always seems to worry everyone. Well, don't that is where my little degree in Phys. Ed comes in handy. I am able to help you get into positions that will accentuate your assets and hide your "problem" areas.
- You can better prepare yourself for posing by looking at and practicing what you might see in a Maxim, FHM, Victoria Secret or Vogue magazine. Don't worry if you feel funny I practice them too so I can better direct you.



Make-up, Hair, Body, etc.

- I would suggest getting pampered prior to your session. It will add to the experience. I can recommend a good make-up artist as well as hair stylist.

- Your hands will be in your portraits so have your nails looking nice and clean.

- Don't worry about that new zit that popped up. I will be doing retouching on all the images that are posted on the blog or web site and all the images that are ordered.

- I will do minor touch-ups but harsh tan lines will cause problems, so even out your tan lines. If your tan lines are too harsh we will need to reschedule the session.

- When selecting a hair style down is always good. A softer look is almost always better. Do not make your hair stiff. Try for shiny, sleek, big curls, basically just flowing.

- Bring lipstick/gloss and powder for touch-ups. Try to not have your face shiny.

- If you are doing your own make-up be sure to use a concealer for any darker blemishes followed by a foundation. Apply your foundation a bit heavier than normal and blend well at the hair and jaw line.

- Your eyes will be a focus area so use make-up that will high light them. Depending on your wardrobe and feel of the images you may go for something light and airy or something dark and smoky. I would be happy to help in this area. Get a good non-clumping mascara and apply to both sides of the top and bottom lashes.

- Bring some lotion for your body so that you can get rid of that dry skin.

- Stretch prior to your session, it may not seem like it but these sessions do work your muscles.

Attire and Accessories

- On the day of the session wear loose clothing and/or remove your bra and panties so that you will not have any lines on your skin.

- When select undergarment or lengerie for your session select pieces that are snug, but do not cut into your skin.

- Accessories can add a lot to your images. They also give us a way to help you look more active in your images. Some accessories that you can bring include shoes (more on this), long necklaces, stocking, hats and even a guys tie.

- Shoes! Shoes are big, if ever you spoil yourself with a nice pair of heels now is the time. Do not bring chunky heels, bring a heel that is thinner. If you have nice toes peep toe shoes are so cute! Tall boots can be super sexy when pair with matching panties or a mini mini skirt.

- Bring a variety of outfits. So something more formal or dressy and something more relaxing.

- For a more formal your could get something along the lines of silk material with lace and more of a formed bodice. Garter belts can be very hot.

- For a more relaxed look bring cotton bras and panties, maybe even little boy cut underwear. Thin almost or see through T-shirts or tunic are good, form fitting ones even better.

- If your guy is a sports fan a jersey or shirt on his favorite team is sure to be a hit.

- To spice things up with a different look you can bring along the following items if they fit you an your style, nighties, vintage lingerie, low rise jeans, men's dress shirt and tie, men's boxers, low cut shirts, cocktail dress, or even a robe.

- For outdoor sessions feel free to bring a bathing suit and cute little summer dress. Or a formal dress that can cling to you when wet.

- If you have an idea I haven't covered I would be happy to talk to you about it. These sessions are all about you and I would love to experiment and do new things to make it a bit different and more personal.